

Resources Available

Perform Care: 877-652-7624

300 Horizon Drive, Suite 306, Robbinsville, NJ 08691-1919

Bergen Mental Health Organization

CIACC (Children's Interagency Coordinating Council): 201-634-2745

One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Michelle Hart Loughlin, Bergen County Coordinator

Email: nhartlo@co.bergen.nj.us

Care Plus NJ, Inc.: 201-797-2660

610 Valley Health Plaza, Paramus, NJ 07652

Tara Augustine, Vice President, Children and Family Services

Email: tarap@careplusnj.org

Bergen's Promise: 201.712.1170

218 Route 17 North, Suite 304, Rochelle Park, NJ 07662

Shelisa Foster, Clinical Director of Operations

Email: sfoster@bergenspromise.org

Family Support Organization of Bergen County: 201-796-6209

0-108 29th Street Fair Lawn, New Jersey 07410

Rosemarie Lobretto, Executive Director

Email: ro@fsobergen.org

Suicide Prevention

2nd Floor: 888-222-2228

c/o 180 Turning Lives Around, Inc., Building 3, Suite 42, 1 Bethany Road, Hazlet, NJ 07730
(2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults.)

201-262-HELP

Bergen County's Psychiatric Emergency Screening Program

610 Valley Health Plaza, Paramus, NJ 07652

LGBTQ Issues

The Trevor Project: 866-488-7386

PO Box 69232, West Hollywood, CA 90069

(The Trevor Project offers accredited life-saving, life-affirming programs and services to LGBTQ youth that create safe, accepting and inclusive environments over the phone, online and through text.)

PLFAG (Federation of Parents and Friends of Lesbians and Gays, Inc.): 202-467-8180

1828 L Street, NW, Suite 660, Washington, D.C. 20036

Live Out Loud: 212-378-4091

45 West 36th Street, 6th Floor, New York, NY 10018

(Inspiring and empowering LGBT youth by connecting them with successful LGBT professionals in their community)

[Centers for Disease Control and Prevention: Lesbian, Gay, Bisexual, and Transgender Health:](#)

800-232-4636

1600 Clifton Road, Atlanta, GA 30333

(Resources for LGBT Youth and Their Friends, Educators and School Administrators, and Parents and Family Members)

Substance Abuse

[Hazelden Betty Ford Foundation:](#) 866-831-5700

PO Box 176, Center City, MN 55012-0176

(Pervasive, consistent messages to young people about drugs and alcohol can prevent substance abuse.)

[youth.gov: Substance Abuse and Mental Health Services Administration:](#) 877-726-4727

5600 Fishers Lane, Rockville, MD 20857

(Substance Abuse Prevention)

[Teen Drug & Alcohol Abuse: Statistics and Rehab Help](#)

[Drug & Alcohol Rehab in New Jersey: Treatment and Recovery Resources](#)